

# *St. Elizabeth Roman Catholic Church*

**REV. FR. MARTIN NDYANABO, PAROCHIAL ADMINISTRATOR**

**REV. MR. FRED JARDINE, PERMANENT DEACON**

*St. Elizabeth Parish is a faith-filled community, built on the example of hospitality shown by St. Elizabeth herself.  
We welcome and celebrate people from all walks of life, and we strive to learn from Sacred Scripture, our  
Catholic tradition, the Sacraments, and one another.*

*We are committed to nurturing the spiritual, physical, and emotional well-being of all we encounter.  
Above all, we spread the joy and love of Christ's Gospel of life in our Parish, neighborhood, and to all nations.*



## **SUNDAY MASSES**

Saturday: 4:30 p.m.

Sunday: 9:00 a.m.

Sunday including Children's Liturgy: 10:30 a.m.

Hungarian Mass: 12:00 p.m.

## **CONFESSIONS**

Saturdays: 3:30 p.m. - 4:00 p.m. or by appointment.

## **BAPTISMS**

Please call parish office at 613-725-2242.

## **WEEKDAY MASSES**

Tuesday - Friday: 9:00 a.m.

Adoration of the Blessed Sacrament - 8:30 a.m.

Holy Rosary - 8:30 a.m.

First Fridays: Anointing of the Sick at Daily Mass

## **WEDDINGS**

To be arranged 6 months in advance.

1303 LEASIDE AVE., OTTAWA, ONTARIO K1Z 7R2 TEL 613-725-2242

st.elizabethparish@rogers.com

stelizabethottawa.ca

SEVENTEENTH SUNDAY OF ORDINARY TIME

*"We know that all things work together for good  
for those who love God,  
who are called according to his purpose."  
Romans 8:28*

*Mass Intentions for the Week*

**Tuesday, July 28: Weekday**

9:00 a.m., Healing for Mary Sullivan  
by Sr. Alice Johnson

**Wednesday, July 29: Saint Martha**

9:00 a.m., Sacred Heart & Immaculate Heart  
and end to abortion by Naomi Visser & Jenni Amato

**Thursday, July 30: Saint Peter Chrysologus**

9:00 a.m., Soul of Margaret Couture  
by Terry Normoyle

**Friday, July 31: Saint Ignatius of Loyola**

9:00 a.m., Soul of Frank Cropper by Terry Normoyle

**Saturday, August 1: Saturday Vigil**

4:30 p.m., Soul of Mary Jardine by Cecilia Pinto

**Sunday, August 2: 18th Sunday in Ordinary Time**

9:00 a.m., 25th Anniversary of the Priesthood  
for Fr. Leonard St. John by Sr. Alice Johnson  
For All Parishioners

10:30 a.m., Soul of Anthony Scissons  
by Marie Cyr & Margaret Scissons

**Tuesday, August 4: Saint John Mary Vianney**

9:00 a.m., Soul of Eli El Chaar  
by Samira El Chaar Carriere

**Wednesday, August 5: Blessed Frédéric Janssoone**

9:00 a.m., Birthday Blessings on

Christopher Normoyle by Terry Normoyle

**Thurs., August 6: The Transfiguration of the Lord**

9:00 a.m., Sacred Heart & Immaculate Heart  
and end to abortion by Naomi Visser & Jenni Amato

**Friday, August 7: Saint Sixtus II & Companions**

9:00 a.m., Blessings on Mary Beth  
by Sr. Alice Johnson & Terry Normoyle

**Saturday, August 8: Saturday Vigil**

4:30 p.m., For All Parishioners

**Sunday, August 9: 19th Sunday in Ordinary Time**

9:00 a.m., Sacred Heart & Immaculate Heart  
and end to abortion by Naomi Visser & Jenni Amato

Soul of Albert Reinhardt by Matthew & Daria

10:30 a.m., Soul of Marc Andre Allaire  
by the Pignat Family

**St. Elizabeth Parish Altar Servers**



**4:30 p.m.** Paul Obinna, Treasure  
Agazuma, Emmanuel Agazuma

**9:00 a.m.** Bridgid Oghenetano,  
Claire Omamuzo, Odilia Ogbondu

**10:30 a.m.** Joseph Uwayezu,  
Rodrigue Uwumukiza, Jyuan Almario,  
Mary Chukwu, Imena Ame,  
Emmanuella Chukwu,

Stephanie Chukwu

**Canadian Tire Money Count: \$264.33**

**Bequests and Wills**

In your kindness, please remember St. Elizabeth Parish in your bequests and wills. If anyone wishes to make such a bequest in their will, the following clause may be included or added to a will or added by codicil: *"I give, devise and bequeath the sum of \$.... to St. Elizabeth Church, Ottawa, to be used in the administration of the pastoral activities of the parish."*

**Thank you for supporting the work  
and ministry of St. Elizabeth Parish.**

**Parish Events This Week**

**Wednesday:** Vespers with Deacon Fred, 4:15 p.m.

**Saturday:** Mass, 4:30 p.m.

**Sunday:** Mass, 9:00 & 10:30 a.m.

**Check Facebook for live feed of the masses.**

**Sick in Our Parish**

We pray for all those who have died,  
and all those who mourn them.

**We pray for the sick of our Parish and for all  
those who care for them, especially for:**

Tereza Adam, Elina Anker, Sarah Bowie,  
Gerti Chapman, Emiliana Cabuga, Jeff Carroll.

Tony Dean, Rosa Delascio, Tristan Denis,  
Lynn Dobson, Margaret Doherty, Elza Feher,  
Eileen Frattini, Johanne Gagnon,

Jodi Graham, Raymond Joly Sr., Gordon Kane,  
Allan Kelly, Norina Lachance, Rick Lachance,  
Marlyn McAndrew, Baby Myles, Gerald Normoyle,  
Stella Normoyle, Greg Patacairk, Myra Anne Powell,

Emily Rozsa, Pat Redmond, David Simpson,  
Flo Sully, Bob Tait, Lamomba Tito,  
Harry Weiler, Susan White, Sylvia Zito

## In the Parish



**Fr. Martin's Reflection** - In every contemplative life, there is an upward movement of the heart towards God, there is an inward movement towards the self, and there is an outward movement towards others.

There is a similar pattern in the narrative that we hear in the gospel text of today. It begins with these words: Jesus “withdrew from there in a boat to a lonely place apart” (Mt 14:13). It is an inward and an upward journey. Jesus has been told about the death of John the Baptist (Mt 14:10-12), and he wants to process this loss: perhaps a personal loss for Jesus, but surely a pre-emption of what could be his own fate. He withdraws inward into himself, so as to commune upward with his Father.

And yet this is not an escape from life. He is not running away from the world – of people. After that brief moment of contemplation, “as he went ashore, he saw a great throng; and he had compassion on them” (Mt 14:14). Compassion is the third dimension of spirituality – the outward movement that reaches out to those in need. One of the primary qualities that the gospel-writers attribute to Jesus is compassion (RSV, Mt 9:36; 14:14; 15:32; Mk 6:34; Mk 8:2; Lk 7:13; 10:33; 15:20). I am particularly drawn to the description by Mark that adds a dynamic aspect to the compassion of Jesus, “he was *moved* with pity” (Mk 1:41).

This compassion or pity or loving-kindness of Jesus is not only an emotion. When this empathy is combined with courage, it moves us to action. As we hear in the gospel of today, Jesus “healed their sick” (Mt 14:14c). And when the need of the people changes, he is willing to “give them something to eat” (Mt 14:16). And what a giving! There is fullness, abundance, satisfaction.

**They all ate and were satisfied.** The gospel text of today which is remarkably similar to the accounts in other gospels (Mk 6:30-44; Lk 9:10-17; Jn 6:1-14), is full of numbers. These numbers give us a clue to at least one level of meaning in the text. Within the context of the Gospel of Matthew we also recognise Jesus in this event as the New Moses who “gives them bread from heaven.” But I would like to focus on being filled and satisfied.

When the disciples hinted that there was a situation of need here, but they are not willing to do anything about it – there is no mention of the two hundred denarii in Matthew – Jesus invites them to take responsibility. The disciples claim in a reluctant manner, underestimating their own resources, “We have *only* five loaves here and two fish” (Mt 14:17). What they do not realise is, five plus two equals seven, and seven is fullness, perfection, ‘generativity.’ Particularly, when all that they have is brought to Jesus, there is going to be a new creation of order and abundance.

Jesus then asks first of all to open our hands and show what we have; and God will receive it and bless it and make it plentiful for everyone. Nobody is too rich to receive and nobody is too poor to give.

**Fr. Martin**

***The Word Among Us is available for the month of July & August. Cost of the missalette is \$10.00.***

**Sign Up For Pre-Authorized Debit:** We are now able to offer our parishioners the chance to sign up for pre-authorized debit payments to donate during these difficult times for individual churches. If you would like to know more about this service please contact the parish office.

## In The Archdiocese

**Friday Pro-life Mass:** At Madonna Della Risurrezione, 1621 Fisher Ave., every Friday, 9:00 a.m., to pray for life and especially the protection of unborn children. Plenty of parking at the back of the church. The Masses will be held in English.

**Upon This Rock:** Upon This Rock was born out of a desire to bring the gospel to men in a personable and relatable way, through the experiences of other men who are actively growing in their faith. It is for men of all walks of life, cultures, backgrounds, and levels of faith. No matter where you are in your faith, you are most welcome. Sign up/info at <https://www.uponthisrock.ca/>.





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